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# CYCLING

For cyclists  
by cyclists

PORTS  
BIKES  
TESTED FROM  
£850

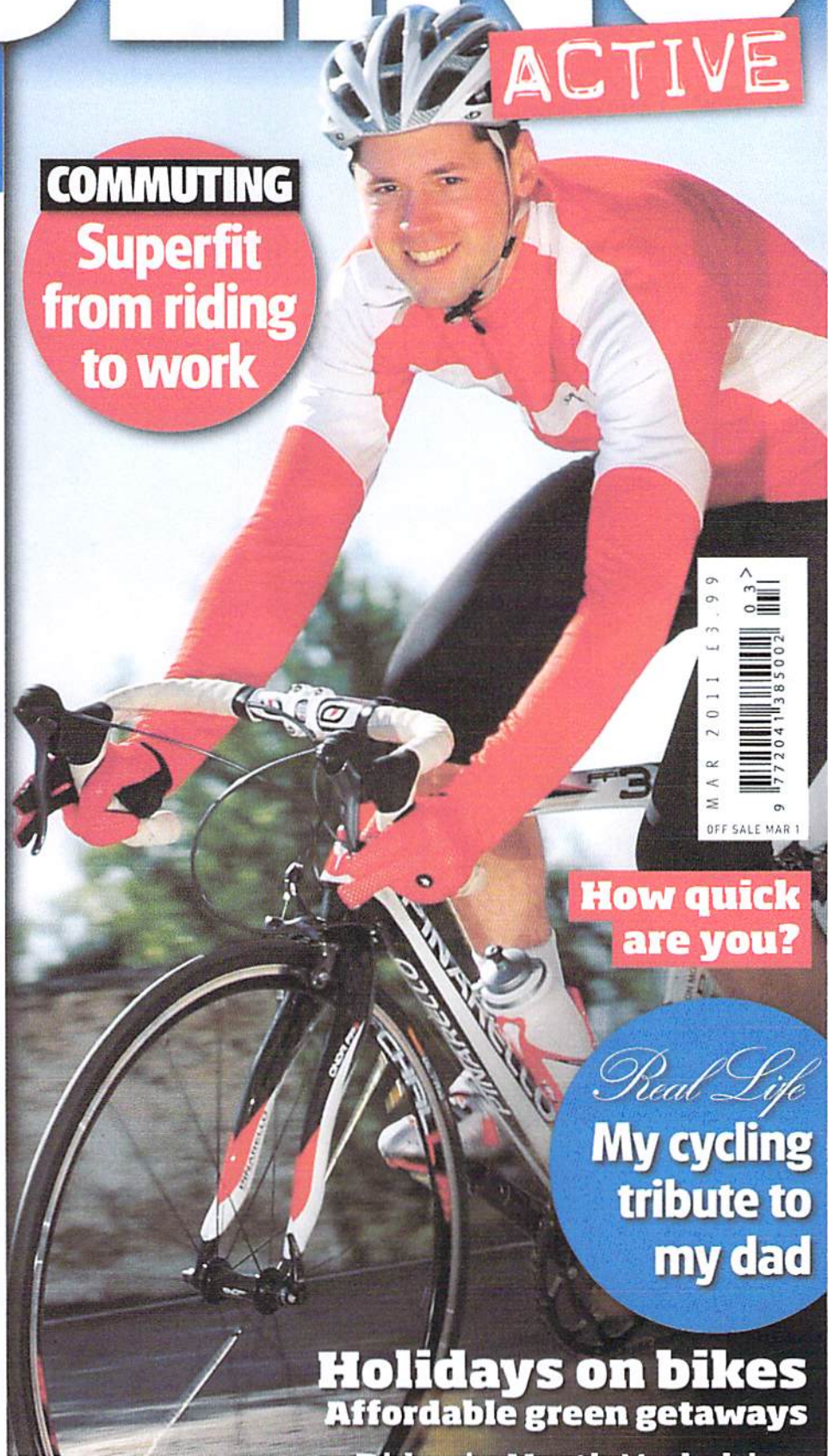
Belt drives  
the future chainless?  
2011 first rides

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to work

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How quick  
are you?

*Real Life*  
My cycling  
tribute to  
my dad

Holidays on bikes  
Affordable green getaways



is hilly and the average  
red is 35 miles. The price  
moderation, food, guiding and

4: "Trek Travel sees cycling  
to many of the world's  
bicycling advocacy in order to  
are for biking — not just for  
ryone. I personally attend the  
nit in Washington DC each  
representatives for funding  
tion. For more, visit: [www.  
ThanGreen.cfm](http://www.ThanGreen.cfm)"  
8 inc. bike hire  
m

### charity and; Paris, France

? The chance to cycle  
is while raising money  
arity. This trip includes  
over one long weekend.  
don, takes in beautiful  
and finishes at the Eiffel  
comfort on the Eurostar

4: "As a company, we have  
he carbon footprint of our  
are making a huge effort  
ination countries too.  
ellers with a responsible  
onate £315 per trek to  
uding Whizz-Kidz, a disabled

er cent to charity), plus  
ar  
tge.com

### ice

? A chance to explore the  
ttany, unlike any other  
its own distinct culture.  
f cycling holiday, providing  
the 680-mile coastline  
ages, both on foot and by  
les Mont Saint Michel, the  
Malo, oyster parks and

: "The natural landscapes  
of the richest, yet at the  
ite, environments on earth.  
rienced leadership and  
nt and techniques. For us, it  
that such wilderness travel  
iminish the natural values

ight days)  
ons.com  
out...  
rns organiser:  
s.co.uk

### ey

' Cycling trip through the  
re is the longest river  
he Massif Central and

and ends in the market town of Amboise. A  
weekend version of this trip also available.

**KEEPING IT GREEN:** "This trip has low  
environmental impacts, and puts a little bit back  
into rural local communities, and helps conserve  
rural lifestyles. We have at our UK offices  
worked to reduce our carbon footprint through a  
reduction of energy use and energy conservation  
measures."

**COST:** £649-689 (eight days)  
[www.exodus.co.uk](http://www.exodus.co.uk)

Also worth checking out...  
Accommodation provider based at the foot of  
Mont Ventoux: [www.veloventoux.com](http://www.veloventoux.com)

### Wine-lover's paradise

#### Burgundy

**WHAT'S ON OFFER?** Featuring one of France's  
longest greenways, Burgundy is described as  
"a cyclist's paradise". Covering 20-44  
miles each day, the itinerary incorporates  
opportunities to sample the region's  
exceptional wines and visit world-famous  
medieval castles. The area is well-known for  
its colourful landscapes and equally colourful  
gastronomy.

**KEEPING IT GREEN:** "During this tour you  
will get the best out of fine local produce —  
sampling Burgundy's exceptional wines and  
the tasty, authentic cuisine. Relying on local  
guides and family-owned hotels, you will be  
ensured a warm, personal welcome. Forget  
the nondescript and indistinguishable big chain  
hotels; we use genuine places with local charm."

**COST:** From £595 (eight days)  
[www.cyclomundo.com](http://www.cyclomundo.com)

Also worth checking out...  
... the Pyrenees road cycling tours on offer  
from: [www.pyractif.com](http://www.pyractif.com)

### Croatia

#### Little-known pleasures

#### Croatia

**WHAT'S ON OFFER?** This tour starts on the  
Korcula Island and ends in the beautiful  
Dubrovnik countryside of Konavle. During  
seven days, you will explore Croatia's  
coasts, medieval towns, old villages, pebble  
bays and natural parks. The price includes  
accommodation, hire, route planning, and all  
the necessary transfers.

**KEEPING IT GREEN:** "We keep our groups  
small (max 16 people) and we use bikes as  
much as we can to keep the environment clean  
and unspoiled. We also support local ecological  
associations, and our staff were directly  
involved in afforestation (planting of pine trees  
in Dubrovnik area after fire disaster in summer  
2007)."

**COST:** From £608 (eight days) inc. bike hire  
[www.dubrovnikviator.com](http://www.dubrovnikviator.com)

### Slovenia

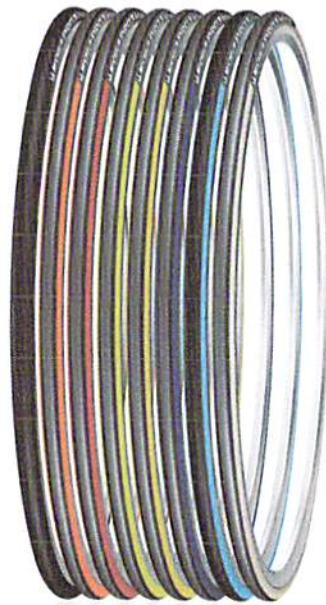
#### Clear waters of Slovenia

#### Tolmin, Slovenia

**WHAT'S ON OFFER?** A four-day break  
in Slovenia, based in a small town called  
Tolmin. The tour is described as "moderately  
challenging", mostly off-road on mountain  
bikes and takes in views of the Julian Alps.



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